

## Map of Queen Alexandra Hospital

### Neonatal Transfer Service

The team who come to transfer your baby will introduce themselves to you and explain how they will transfer your baby.

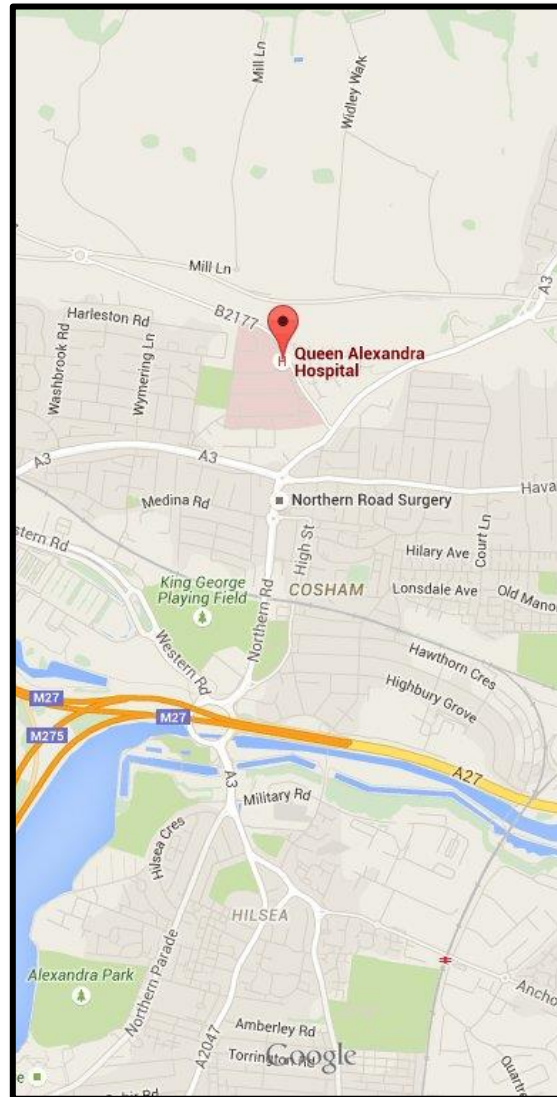
They are a specialist team trained to care for sick newborn and premature babies. There will be a Doctor / Advanced Neonatal Nurse Practitioner (ANNP), neonatal Nurse and an ambulance Driver. All are specially trained in neonatal transport.

The ambulance carrying your baby will have all the necessary specialist equipment to continue your baby's care and ensure their safe transfer to a local neonatal unit.

### To contact our service:

Call: 01865 223344

Visit our website: [www.sort.nhs.uk](http://www.sort.nhs.uk)



## Parent Information Leaflet

### Portsmouth Queen Alexandra Hospital

Southwick Hill Road,  
Portsmouth,  
Hampshire  
PO6 3LY

Switchboard: 023 92 28 6000

Neonatal Intensive Care Unit:  
023 92 28 3231

[www.porthosp.nhs.uk](http://www.porthosp.nhs.uk)

## **Parking**

Parking is available in a number of locations but the nearest car park is the Main Entrance Car Park, which is on the left as you enter the Hospital from Sevenoaks Road. Subsidised parking is given to parents of babies on the unit. (£2.00 per day) Please ask the Nurse in Charge for a parking slip to display on your dashboard.

Unsubsidised parking costs are:

Up to 1.5 hours £1.80

Up to 2.5 hours £3.00

Up to 3.5 hours £4.30

Up to 4.5 hours £5.30

Up to 6 hours £7.60

Up to 8 hours £9.90

Up to 12 hours £11.50

Over 12 hours £16.60

## **By Rail**

The nearest train station is 'Cosham' which is around 1 mile away from the hospital.

Services to Cosham are operated by South West Trains [www.southwesttrains.co.uk](http://www.southwesttrains.co.uk)

## **By Bus**

Services run frequently from Portsmouth city centre and surrounding areas, with some buses stopping within the hospital grounds and may be displayed on timetables as 'Queen Alexandra Hospital'. Other buses stop near the hospital and you should look for

stops near 'Cosham'. Services are operated by: First Bus ([www.firstgroup.com](http://www.firstgroup.com)) and Stagecoach ([www.stagecoachbus.com](http://www.stagecoachbus.com))

## **Cash points**

Adjacent to the hospital shop is a cash point machine (main entrance on level A). Another cash point is available in the Amigo shop.

## **Catering/refreshments**

On Level B in the hospital, Cafe Blue serves a range of hot food, snacks, drinks and confectionery. The cafe is open 7 days a week from 7:30am until 7:00pm.

## **Other catering outlets/shops**

There are restaurant facilities on site. Close to the NICU are a Costa Coffee, a league of friends' shop and Amigo shop that sell snacks and drinks.

## **Religious Support**

The Chapel and Multi-faith Prayer Room at Queen Alexandra Hospital are on A-Level, near to the East entrance.

## **Access to interpreters**

Interpreters can be arranged by ward staff where necessary.

## **Midwifery care available for mum**

Midwifery care can be arranged by contacting the post-natal ward or community midwives.

## **Availability of PALS/Patient's Advocacy Service**

The PALS service is available for any concerns you may have whilst in the hospital.

Telephone: 0800 917 6039

Email: [PALS@porthosp.nhs.uk](mailto:PALS@porthosp.nhs.uk)

## **Neonatal Unit Information**

Access the hospital via the main entrance. The Neonatal Unit is near Lift Area 2, Level B. Turn Left as you exit the lift and NICU is the first entrance on the right (B9).

The symbol for the NICU is a goldfish, you will see this at the entrance to NICU.

## **Facilities & Accommodation for parents**

Parent facilities include 4 bedrooms, a shower room, toilet facilities and a parent's sitting room with kitchen facilities.

There is open visiting for parents with babies on the neonatal unit. Open visiting to parents and limit of 2 people per cot.

At times of high activity and/or infection concerns on the unit only parents may visit.

## **Visiting**

Parents: Open visiting, except 07:15-07:45 and 19:15-19:45 for staff handover.

## **Parent Swabbing**

Currently parents are required to have a weekly Covid swab to allow open visiting.